

Mini Newborn Session Preparation Guide

Congratulations on your new bundle, I cannot wait to meet the little one. Below are my guidelines I ask all newborn mini clients to follow on the day of the session to ensure a successful, stress-free experience. Please adhere to these the best you can, so I can do my best to provide you with a superior final product.

Before the Session

- Dress for warm weather and expect me to do the same. Remember newborns are used to a constant 98.6, so my thermostat will be bumped up to 80+.
- Feed baby before heading to the studio, that way he'll be good and full before we get started.
- Keep baby awake for about 1 hour before the shoot. We want baby to be sleepy for his modeling session. It's great if baby falls asleep in the car on the way over.
- Have baby dressed in clothes that are easy to remove. Nothing that has to go over the head.
- Pack a pacifier. If you forget, we do keep brand new ones on hand. I recommend the Soothie brand from the hospital, because it doesn't leave a ring around the mouth. If you are unwilling to use a pacifier, please be aware that I will only try to pose baby for 1 hour without the use of one, if I am unable to soothe baby, we will have to end the session.
- Remember, less is more in newborn photography. You don't need to pick out special outfits for baby, I have countless headbands, hats, wraps, outfits, and props available for use during the session, no need to go out and buy anything! If there is something special you would like to bring to the session, please do, I love including items with sentimental value.
- All pose and prop requests must be approved by me before the session, I cannot guarantee any certain poses nor will attempt to replicate another photographer's work.

At The Session

- Please, be prompt. Mini newborn sessions are only 1 hour in length, if you are late, time will be deducted from the session.
- Mini newborn sessions include 1-2 backdrops and 1 prop set-up, any color preferences need to be relayed to me prior to the session. Mini newborns sessions do not include parent, sibling, or family poses.
- I ask parents to "feed on demand" at newborn sessions, and please not try to stick to a schedule, unless recommended by a doctor. Full-bellied babies are the most content, if baby roots excessively, I will ask you to feed him/her.
- Please, don't hover. Babies can smell their mommas, and it can make my job of soothing them more difficult. I am experienced as both a photographer and a mother, and I promise you, baby is in good hands.
- Relax! This is a time where you can hand your newborn over to an experienced mom of 3 and take a nap. Enjoy the free time!

After the Session

- Baby's skin will likely be a little red and flaky, from the wrapping, posing, and changing of positions. It is completely normal, newborn skin is meant to shed.
- You may find fuzz and fibers between baby's toes and fingers since I use many different textures and knits for sessions. I always check baby to make sure no fibers got wrapped around fingers or toes, but you should also check before leaving.
- Baby may be extra hungry, modeling is a lot of work for a newborn!