Maternity Session Preparation Guide

Before the Session

- Plan on 1-2 outfits. I usually recommend one for couple and/or family shots, and one for individual shots.
- Please inform me of any health conditions or restrictions. I often have clients sit, stand, and even lie down for poses, please let me know if you are unable or uncomfortable doing any such movements.
- Please let me know if you plan on bringing anything to use during the session such as ultrasound photos, flowers, or props of any kind. There is absolutely no need to bring anything, but if you would like to include any such items, please communicate that in advance.
- Make sure nails are clean and manicured (if desired) because there will be shots focusing on hands.
- Remove phones, keys, and wallets from pockets. Remove smart watches and hair ties from wrists.
- Please choose clothing you feel good in! If you're not comfortable in what you're wearing, it will come across in the photos.
- Decide if you want any bare belly shots, and if so, please be sure to bring appropriate clothing. I love simple bra/underwear sets, pretty robes, crop tops with flowing skirts, etc. you just won't get the same effect holding up your t-shirt to show your belly.
- Wear just a tad more makeup than you would normally wear. If you usually do a full face of makeup, no need to do any extra.

Studio Sessions

- Please take my studio set-up into account when choosing wardrobe. You can find several examples of images throughout my galleries and blogs.
- The studio is light and bright and neutrals and soft tones tend to photograph best.
- Don't worry about shoes. Studio sessions are very relaxed, I usually have families kick off their shoes and go barefoot, cozy socks can also be cute.
- Studio sessions are booked weekdays between 10am-2pm.
- Sessions last 20-25 minutes.

Outdoor Sessions

- Sessions take place weekday evenings close to sunset from April-November.
- Any colors or styles can work, I just recommend dressing for the weather and location.
- I will choose the location, but please let me know in advance if you have any requests.
- Think about your shoes, you will see them in photos.
- Session will last 20-25 minutes, possibly longer if you have children.

After the Session

- I may post a teaser on social media within a few days of our session, but it is not guaranteed.
- You will receive a proofing gallery within 1-week to choose your images. Once you finalize your selections, your fully edited gallery will be delivered within 3 weeks. Rush editing is available for an additional charge.
- You are welcome to share your online gallery with friends and family or post on social media - word of mouth is my best advertising.
- Please do not alter the photos in your gallery in any way. If you have a specific request, please email me and I will see if I can accommodate, you may incur an extra charge.
- Print your pictures! You spent good money on these photos, be sure to print them and display them.